

HEALTHY LIFE HAPPY SMILES

The growth and development of children in school age is fast. In this period, children start to eat together with friends outside the house. For this reason they gain lifelong eating habits at school. Healthy eating habits acquired during childhood constitute the basic solution for the prevention of future nutritional problems. Because healthy eating is important on the physical, social, emotional development and behavior of the child. We will teach the students to feed adequately and regularly with our project. We will understand the importance of physical activity for a healthy life. We will create awareness for healthy eating and physical activity.